NCFE Level 2 Certificate in the Principles of Care Planning

**Assessment 2b**

**Learner contact details:**

**Name:**

**Contact address:**

**Postcode:**

**Contact number:**

**Email:**

**Learner declaration**

**I can confirm that the answers in Assessment 2b were completed by me, represent my own ideas and are my own work.**

**Learner signature: Date:**

**If you need any help in completing these assessments, refer to the relevant section within Workbook 2, or contact your Assessor/Tutor.**

**Question 25. Identify the excretory systems.**

**Question 26. Describe normal body wastes and how they are eliminated.**

**Question 27. Describe possible reasons for incontinence.**

**Question 28. Describe the different types of urinary and faecal incontinence.**

**Question 29. Explain the importance of knowing an individual’s normal pattern or urinary and bowel movements.**

**Question 30. Explain good practice in promoting continence.**

**Question 31. Describe how diet and fluids affect continence.**

**Question 32. Explain how exercise and activity affect continence.**

**Question 33. Explain the importance of getting an individual’s agreement on the levels of assistance required and the expressions to be used.**

**Question 34. Give reasons for dealing with continence in a sensitive manner.**

**Question 35. Explain why individuals should be as self-managing as possible and how this should be recorded in the care plan.**

Why self-management is important

What to put in the care plan

**Question 36. Explain how personal beliefs and preferences may have an effect on cleansing and toileting care.**

**Question 37. List the facilities and aids that can be provided for individuals to help with continence.**

**Question 38. Describe the range of assistance that might be required and why methods might differ.**

**Question 39. Explain why an individual should be left with a means of summoning help.**

**Question 40. Identify any limitations in using facilities and aids to continence that may need to be considered.**

**Question 41. Explain why facilities should be kept clean and comfortable.**

**Question 42. Explain why it is important to monitor, report and record abnormal patterns of body waste.**

**Question 43. Explain why changes in body wastes need to be monitored, reported and recorded.**

**Question 44. Describe infection control issues when dealing with body waste.**

**Question 45. Describe appropriate methods for disposing of body waste.**

**Question 46. Describe appropriate methods of dealing with spills of body waste.**

**Question 47. Describe how materials contaminated by body waste should be dealt with.**

**Well done!**

**You have completed your Assessment 2b. Please check that you have answered all the questions and signed the learner declaration on the front page before submitting to your Assessor/Tutor.**