NCFE LEVEL 2 Certificate in Common Health Conditions

Candidate Assessment Part A: Unit 1

**Candidate Details**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Mobile number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Work number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Preferred number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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(If you do not know your college please contact The Skills Network Student Support Team on 0845 177 0047 / 01757 210 522)

**CANDIDATE STATEMENT**

I have completed the following assessment and confirm all the work is my own.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**ASSESSMENT QUESTIONS**

**Please complete ALL the answers to the questions in each of the sections and submit**

**these together.**

**This assessment workbook contains questions in relation to the information provided**

**in your learning resource pack.**

**Please:**

* Read your learning resource before attempting to answer these assessment questions
* Fully complete, sign and date the candidate information on the front sheet overleaf
* Answer **ALL** questions **IN FULL**
* Check you have answered each question fully before submitting to your tutor for marking
* Make sure you supply any research materials together with your assessment.

**(Please note: read each question carefully as there may be more than one answer required).**

**Tips for understanding how to answer the questions**

**Describe**If you are asked to describe something you should state the features in such a way that another person could recognise what you are describing if they saw it. An example might be: **Describe a donkey**. It would be insufficient to state “has four legs and a back” as this could be a chair. A description stating “a four legged animal, long tail, mane, similar to a horse but generally smaller, makes a unique sound like “eeyor” often repeatedly.” Would probably allow another person to recognise your description as a donkey.

**Explain / discuss**Give details which make what you are trying to say clear to the reader. As a general rule, this type of question requires the most in depth answer.

**State**  
Usually requires a shortened answer, which could be a list or a single sentence. Several questions take the form of “state what the letters ‘BBC’ stand for”. The answer would simply be “British Broadcasting Corporation”.

**Outline**  
This type of question needs a brief answer which does not include much detail, but covers all steps, stages or parts involved. A question asking you to outline how to catch a train would require an answer along the lines of “check train times, choose train, go to station, buy ticket and board train”. It would not expect you to include the detail of **how** you would do these things.

**Identify**  
This means to give sufficient detail so that someone else can recognise your description. This is sometimes used instead of “state”, so think what the question is asking for.

**Demonstrate**Means just that. Show someone what you do.

(Please note: the numbers in brackets refer to the assessment criteria for each question and are for your tutor’s use.)

**Unit 1: Understand how to contribute to monitoring the health of individuals affected**

**by health conditions**

Q1. Explain the importance of monitoring the health of individuals affected by a health condition. (1.1)

Q2. Describe ways in which the health of individuals can be monitored. (1.2)

Q3. Identify what observations have been agreed to monitor the health conditions of an individual. (2.1)

Q4. Explain how required observations can be carried out in ways that: (2.2)

1. Respect the individual’s dignity and privacy
2. Reassure the individual and minimise any fears or concerns
3. Follow agreed ways of working

Q5. Describe how records of observations should be maintained. (3.1)

Q6. Describe how changes in an individual’s condition should be reported. (3.2)

Q7. Explain when changes may be needed to usual recording and reporting requirements about an individual’s condition. (3.3)

Q8. Explain what immediate action should be taken when changes in an individual’s health concern. (4.1)

Q9. Outline how to work with others to review information about changes in an individual’s health. (4.2)

Q10. Describe how to clarify your own understanding about changes to requirements for monitoring. (4.3)

Q11. Describe how required changes to monitoring processes should be implemented. (4.4)

**Assessment Checklist**

**Now you have completed this assessment booklet, please complete this final**

**checklist:**

**I have answered all of the assessment questions **

**I can confirm all the work in the assessment is my own **

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**CONGRATULATIONS!**

**You have now completed your Part A: Unit 1 Assessment. Please make sure you**

**have completed all questions fully and you have filled in the front cover page**

**with your personal details.**

**You now need to submit your answers to be marked. Please follow the instructions as**

**detailed in your induction.**

**Your tutor will mark your work and provide robust feedback. Should your paper be**

**referred, you will be required to resubmit answers until you have passed.**

**Please contact our support team if you require any further advice or guidance.**

NCFE LEVEL 2 Certificate in Common Health Conditions

Candidate Assessment Part A: Unit 2

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**Unit 2: Understand cardiovascular disease**

Q1. Outline the function of the cardiovascular system. (1.1)

Q2.Describe the structure of the heart. (1.2)

Q3. Describe the function of the heart in the cardiovascular system. (1.3)

Q4. Identify the prevalence of the following common forms of cardiovascular disease: (2.1)

1. Angina
2. Heart attack
3. Heart failure
4. Stroke

Q5. Describe the feature of the common forms of cardiovascular disease. (2.2)

1. Angina
2. Heart attack
3. Heart failure
4. Stroke

Q6. Describe the main signs and symptoms of the common forms of cardiovascular disease. (2.3)

1. Angina
2. Heart attack
3. Heart failure
4. Stroke

Q7. Explain how the common forms of cardiovascular disease affect the function of the heart. (2.4)

1. Angina
2. Heart attack
3. Heart failure
4. Stroke

Q8. Explain the potential causes of the common forms of cardiovascular disease. (2.5)

1. Angina
2. Heart attack
3. Heart failure
4. Stroke

Q9. Describe the risk factors associated with developing cardiovascular disease. (2.6)

Q10. Outline the types of test that are available to enable the diagnosis of cardiovascular disease. (2.7)

Q11. Describe the effects that experiencing cardiovascular disease might have on an individual’s day to day living. (3.1)

Q.12 Outline the following treatment options available for common forms of cardiovascular disease. (4.1)

a) Medication

b) Surgery

Q13. Give examples of the tests used to monitor cardiovascular disease. (4.2)

Q14. Give examples of strategies that individuals can use to manage their condition. (4.3)

Q15. Describe the range of support services available to individuals with cardiovascular disease. (4.4)

Q16. Describe lifestyle factors that can reduce the risk of cardiovascular disease. (4.5)

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